

J-1 Scholar Check In

http://internationalservices.ncsu.edu

320 Daniels Hall, Campus Box 7222 / Raleigh, NC 27695 / Phone: (919) 515-2961 - ois@ncsu.edu

Today's Agenda

- Intro to OIS Office
- Immigration Information
 - Important terms/documents, maintaining status, important processes, other immigration info
- Life in the US and at NC State
 - NCSU ID card, health care, SSN, driver's license, safety, transportation, American culture
- OIS Programs

Role of the Office of International Services (OIS)



- Administers NC State
 University's J-1 Exchange
 Visitor Program & the F-1
 student program.
- Advises international students & scholars about immigration regulations.
- Represents NC State University on campus & in the community.

Contacting OIS

- Hours: Monday Friday: 8 AM to 5 PM
- Location: 111 Lampe Dr, Room 320 (curently operating remotely)
- Website: <u>http://internationalservices.ncsu.edu/</u>
- Phone: 919-515-2961
- Email: <u>ois@ncsu.edu</u>
- <u>Virtual Open Advising</u>: Monday & Tuesday 10am 11:45am, Thursday & Friday 1pm – 2:45pm (no open advising hours on Wednesday!)

To schedule an **appointment** with an advisor please visit our <u>Staff</u> <u>Directory</u>.

The OIS Team

- Elizabeth James Director
- Mollie LoJacono Assistant Director, Advising
- Lauren Ball Assistant Director, Programs
- Mike Shurer Assistant Director, SEVIS Compliance
- Felicia Harris-International Services Coordinator
- Eric Syty International Services Assistant
- Asia King-International Programs Coordinator
- Jennifer Glass Senior Undergraduate Student & Scholar Advisor
- Hillary Patton Senior International Student & Scholar Advisor
- Alex Wesner Int'l Student & Scholar Advisor
- Hayley Hardenbrook Int'l Student & Scholar Advisor
- Kelsey Stolzenbach Int'l Student & Scholar Advisor
- Courtenay Klauber Int'l Student & Scholar Advisor
- Elizabeth Bender Immigration Specialist
- Lexi Hyde Advising Graduate Assistant
- Tony Shurer- Academic Coordinator for International Student Support

Immigration Information



Within the U.S. immigration system, there are many different types of visas and immigration statuses, each with a different purpose and set of regulations which must be followed.

Important Terms & Documents

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Important Terms

- Immigration Status: A person's legal presence in the United States.
- J-1: Can refer to a visa or an immigration status. A person who enters the U.S. with a J-1 visa is given J-1 status and is known as an <u>exchange visitor</u>.
- J-1 Category: Within the J-1 immigration status, there are multiple categories such as student, research scholar, student intern, etc. Each of these categories has its own rules that must be followed in order to comply with the terms of the visit. The J-1 category can be found in section 4 on the DS-2019.
- J-1 Program: The planned group of activities in which a J-1 exchange visitor is engaged for a specific purpose and a specific time period as documented on the DS-2019.
- **Maintaining Status:** The process of following the rules of one's immigration status and J-1 category.

Important Terms

- SEVIS: The Student and Exchange Visitor Information System SEVIS is a data collection and monitoring system used by universities, the U.S. Department of Homeland Security, U.S. consulates and embassies, and ports of entry. Each J-1/J-2 visitor has a SEVIS record with a unique SEVIS ID number. NCSU is required to update SEVIS whenever a change occurs in a J-1 visitor's program.
- Terminate: The action NCSU must take (required by the regulations) to end an individual's J-1 program in SEVIS if the individual commits certain immigration violations. Termination requires the individual (and any dependents) to depart the US immediately.

Important Terms

Grace Period: The 30 day period after end date on the DS-2019. This is given automatically, and known as the "grace period"

- During the grace period you **<u>can</u>**:
 - prepare to leave the U.S.
 - say goodbye to friends and pack your things
 - travel within the U.S.
- During the grace period, you **<u>cannot</u>**:
 - work or do research!
 - leave the U.S. and re-enter
 - request an extension (once your DS-2019 expires, it is too late)
- Exchange visitors must depart by end of 30 day grace period
- If necessary, must request extension before grace period begins

Important Documents: Passport

- Maintain a valid passport valid 6 months into the future at all times.
- You can renew your passport with your home country's Embassy in the U.S.
- Find your nearest Embassy at <u>www.embassy.org</u>.



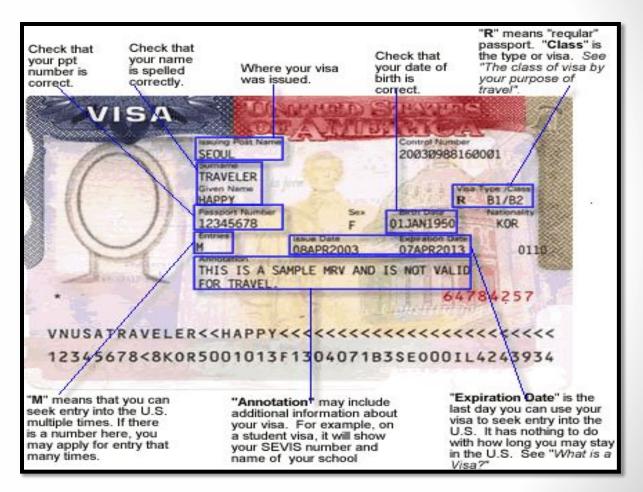
Important Documents: Certificate of Eligibility, DS-2019

- The DS-2019 contains several pieces of important information.
 - 1. Biographical info
 - 2. SEVIS ID number
 - 3. Work location
 - 4. Validity dates
 - 5. J-1 Category
 - 6. Activity Remarks
 - 7. Funding Information
 - 8. Travel Validation section
- It is important to make sure the DS-2019 is accurate at all times.
- You must notify OIS if any changes to funding, dates, site of activity, program activities, etc. are needed.
- All changes must be reviewed and approved by OIS in advance of the change.
- OIS will issue an updated DS-2019 reflecting the change.

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2. Program Sponsor: NC Sta Participating Program Official De			Program Number: P-1-00812	-
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Personal funds : \$1,200 Total : \$18,000.00	7			
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THAT A NOTIFICATION CO TO THE U.S. DEPARTMENT	PY OF THIS FORM HAS BEEN PROVIDED	Name of Official Preparing Form	0111	Title
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				12-17-2015
		Signature of Responsible Officer or Alternate Resp	sonsible Officer	Date (mm-dd-yyyy)
Statement of Responsible Offic Effective date(nnn-dd-1yyy)	er for Releasing Sponsor (FOR TRANSFER OF P Transfer of this exc	POGRAM) hange visitor from program number	sponsored by	
to the program specified in item .	2 is necessary or nightly destrable and is in conformit	y with the objectives of the Mutual Educational and Cultural Exchan	ge Act of 1991, as antended.	
Signature of Respo	onsible Officer or Alternate Responsible Officer		Date (nim-dd-yy	
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	Subject to two-year residence requirement based on: (ALL USAID PARTICIPANTS G-2-09263 AND ALL ALIEN (1) Exchange Visitor is in good standing		at the present time	
A Government financing and/or THE TWO-YEAR HOME RESIDENCE REQUIREMENT)				
B The Exchange Visitor Skills List and/or Date (mm-			-dd-yyyy)	
C. PL 94-484 as an	mended		Signature of Responsible Officer	
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Important Documents: VISA

- Visa allows you to apply for entry at a U.S. port of entry.
- Visa only needs to be valid to enter the U.S.
 It does not need to be valid for you to stay in the U.S.
- If visa expires while you are in the U.S., it is ok (as long as your other immigration documents are still valid).
- You can only obtain a visa abroad. It is not possible to renew your visa within the U.S.



Important Documents: Electronic I-94

- The I-94 is a record of your legal entry into the U.S.
- Admit Until Date should say D/S (Duration of Status).
- D/S means the end date on your DS-2019 plus a 30 day grace period.
- Check VISA validity type. Class of Admission should be "J1" for scholars & "J2" for dependents.
- Download/Print your I-94 every time you enter the U.S. to make sure it's correct and notify OIS if there are errors or the record is missing.

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Details provided or	n Admissior	n(1-94) form:
Family Name:		Traveler
First (Given) Nam	ie:	Нарру
Birth Date (MM/D	D/YYYY):	01/01/1990
Passport Number: P123123213		P123123213
Passport Country	y of Issuance	e: Mexico
Date of Entry (MN	//DD/YYYY):	04/11/2012

Maintaining Status

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Maintaining Status

It is your responsibility to maintain your status. There are serious consequences for violating your status. To maintain your status, you must:

- Keep passport valid at all times.
- Only participate in authorized activities for your J-1 program as specified on your most recently issued DS-2019.
- Do not engage in any unauthorized employment or volunteering.
- Maintain full-time active engagement in J-1 program during your J-1 program dates.
- Notify OIS of anticipated programmatic changes and wait for OIS approval to make changes effective.
- Update OIS with new address within 10 days of moving.
- Maintain required health insurance for yourself and J-2 dependents for the entire length of your DS-2019.
- Depart by the end of the grace period which is 30 days after the DS-2019 end date.
- Have an in-person, on-campus component to your program

Maintaining Status: Authorized Activities

Authorized Activities

[always authorized]

- Authorized activities include:
 - The specific activity noted on the DS-2019 (research, teach, intern, etc.)
 - Under the supervision of the university sponsor noted on the DS-2019
 - At the site of activity noted on the DS-2019
- In addition, you should participate in cultural and educational activities such as visiting a museum, going to a department social event, attending an OIS event, etc.
- You should be engaged in authorized activities at a full-time capacity (at least 30 hours a week).
- Authorized activities are only allowed during your DS-2019 dates. Do not continue them during the 30 day grace period.

Incidental Employment

[needs pre-authorization]

- J-1s in the Research Scholar & Professor category may be eligible for additional paid employment opportunities.
- Such employment **must be authorized by OIS in advance**.
- The activity must be <u>directly</u> <u>related</u> to the J-1's program & cannot delay completion date of the program.
- Examples include honorarium for a guest lecture, reimbursement for travel expenses, conference participation, etc.
- To request authorization, follow the procedures on the OIS website & submit a Request for J-1 Incidental Employment form to OIS prior to engaging in the incidental employment activity.

Unauthorized Activities

[never authorized]

- The following activities are **never authorized** for J-1s in the scholar and student intern categories:
 - Full-time study
 - Work in any activities or place other than what is listed on your DS-2019
- This means:
 - Do not work at other NCSU Departments/Offices/Units (for example, the NCSU Bookstore).
 - Do not work at restaurants or businesses in the community.
 - Do not volunteer for jobs that are normally paid.
 - Do not consult or give talks/lectures (even within your field) at other universities or institutions unless first approved by OIS.

Engaging in unauthorized activities is a serious immigration violation and will result in termination of your J-1 program.

Maintaining Status: Health Insurance

It is a **requirement** of your J-1 program to maintain adequate health insurance for yourself and any J-2 dependents for the duration of your program. Do not forget to renew it if it will expire while you are here!

- J-2 dependents must be covered for the entire length of the DS-2019
- It does not matter whether or not they are in the U.S.!

The minimum coverage levels are as follows:

- \$100,000 per accident/illness.
- \$50,000 medical evacuation.
- \$25,000 repatriation.
- Deductible no more than \$500.
- Coinsurance no more than 25%.



Maintaining Status: Health Insurance

Willful failure to maintain health insurance is considered a violation of the Exchange Visitor Program, which will result in termination from the program.

- This including persons who purchase and then cancel health insurance or fail to renew it before it expires.
- It is your responsibility to remember to renew your insurance before it expires. OIS does not send reminders.
- OIS will check your insurance periodically when you apply for benefits such as an extension or travel signature.
- It does not matter whether or not you are physically in the U.S.

Health Care in the United States

Doctor's Office	Urgent Care	Hospital
 Non-emergency illness/injury Preferred preventative care method in the U.S. Used to establish provider before illness occurs Chose one within "network" 	 Illness or Injury Flat rate fee Night and weekend hours When Doctor's office is closed 	 Emergencies Outpatient and Inpatient Surgeries More Expensive Open 24 Hours

Campus COVID-19 Testing

- All those working on-campus or living on or within 1 mile of campus <u>are required</u> to take a COVID-19 test upon arrival
- Results must be uploaded into the HealthyPack Portal for review by Student Health staff
- Ongoing surveillance testing (weekly) may also be required
- For more information and the latest testing protocols: <u>https://www.ncsu.edu/coronavirus/spring-2021/covid-19-testing/</u>

Reporting Incidents

- If you experience a serious illness or injury while you are here, please let OIS know! This includes any accidents you may be involved in and hospitalizations of 48 hours or more.
- Similarly, if you are a party to litigation (legal proceedings) or an incident where a police report has been filed, let OIS know.

OIS needs to know so that we can help you navigate these situations and make sure you have the resources you need! OIS cares about you!

Maintaining Status: Immigration Violations

- If you fail to maintain your status, there can be serious consequences including termination.
- NCSU is required to terminate J-1 programs for exchange visitors who commit certain immigration violations including the following:
 - Working without authorization
 - Willful failure to maintain health insurance for self AND J-2 dependents
- If your J-1 program is terminated, it is not possible to get reinstated to valid status and you must depart the US immediately.
- If your J-1 program is terminated, your J-2 dependents are also automatically terminated and must depart the US with you.

Important Processes

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Important Processes: Travel During J-1 Program

Documents required for international travel in J-1/J-2 status:

- Valid passport with at least 6 months validity remaining
- Valid J-1 visa
- I-94 electronic print out
- DS-2019 with valid travel endorsement from OIS
 - Endorsements are valid for 6 months
 - Complete travel authorization form at OIS to request a travel signature
 - OIS will check your insurance and sign your DS-2019 within 5 business days. You can come back to OIS to pick up your signed DS-2019.

Some important guidelines:

- You may need a visa to enter another country. Please contact that country's embassy for visa information.
- An absence from the US for more than 30 days can jeopardize your J-1 status.
- For any travel 30 days or longer, your J-2 dependents must travel with you.
- Talk to OIS prior to any international travel.
- Print your new I-94 when you return and check it for errors.

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Important Processes: Extend, Shorten, Transfer

Extend a J-1 Program	Shorten a J-1 Program	Transfer a J-1 program
Need extra time to complete your research?	Finished early?	Have an opportunity at another university?
 Total time is based on your category: Short term scholars = 6 months Research scholars = 5 years Student Interns = 12 months Tell your supervisor & dept personnel representative you need an extension. Extension requests should be submitted by your dept at least 30 days prior to your program end date. You cannot request an extension in your grace period! Your department will submit the extension request to OIS. OIS will then issue a new DS-2019 form for you. 	 You must notify OIS if your program/project/research ends early. This includes cases where there is loss of funding. OIS will shorten your DS-2019 end date to reflect the accurate end of your program. You will have a 30 day grace period after your program end date even after you shorten your program. Fill out the Departure Form and submit it to OIS prior to your departure. 	 Exchange visitors may continue their original program objective with another J-1 sponsor in the US by transferring their SEVIS record to a new sponsor. The J-1 sponsor must be approved by the Department of State (DOS) to sponsor the same J-1 category The Program objective or activity may not change. NSCU department must agree with the transfer & it must be requested prior to the DS-2019 end date. Period of program will not exceed maximum DOS established period. Submit the transfer date. The J-1 must check in with new sponsor immediately following transfer date.

Additional Immigration Information

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Your Dependent's (J-2) Status

- J-2 maintains status **only** if you maintain status as a J-1. Changes made to your J-1 program will apply to the J-2.
- J-2 dependents are subject to all restrictions the J-1 is subject to (i.e. bars, 2 year home residency requirement, etc.).
- J-2 dependents <u>must</u> maintain at least the minimum health insurance standards required by law for the entire length of their DS-2019 (regardless of where they are physically located)
- A J-2 cannot work unless they have applied for, and received, an Employment Authorization Document (EAD) from USCIS. USCIS processing time is about 90 days.
- The age limit for a child to remain a J-2 dependent is 21-years-old and they must be unmarried.

Dependent Check-In

All J-2 dependents must complete a check-in with OIS. To schedule a J-2 check-in, please go to: <u>https://internationalservices.ncsu.edu/family/</u>.



12 and 24 Month Bars

- If you are in a J-1 Research Scholar or Professor category, you will be subject to a 24 month bar on repeat participation.
- This means that upon completion of your J-1 Research Scholar/Professor Program, you are not eligible to start another J-1 Research Scholar/Professor Program for 24 months.
- Student Interns whose programs are longer than 6 months will be subject to a 12 month bar on the research scholar/professor category.
- Short Term Scholars are not subject to the 12 or 24 month bars.

http://internationalservices.ncsu.edu/12-24-month-bars-repeat-participation

*Being subject to the 12 or 24 month bar only impacts future J eligibility in the Research Scholar/Professor categories; it does NOT prevent you from returning to the US as a tourist or student.

Two Year Home Residency Requirement

- If you are subject to the 2 year home residency requirement (also known as 212(e)), there should be a notation on your DS-2019 and/or J-1 visa.
- If you are subject, you are ineligible to change your status in the US or apply for H, L, or K visas, or permanent residency until you have either:
 - Fulfilled the 2 year home residency requirement by residing in your home country for 2 years
 - Or, obtained a waiver of that requirement
- If you obtain a waiver of the 2 year home residency requirement, you can no longer extend your DS-2019 and international travel may be difficult.
- Do not apply for a waiver without talking to OIS first so we can advise you of the immigration consequences!

http://internationalservices.ncsu.edu/212e-two-year-home-country-physical-presen ce-requirement

*Being subject to the two-year home residency requirement does NOT prevent you from returning to the US as a tourist or student.

Immigration Summary

- 1. OIS' walk-in hours: **10** to **11:45**am and **1** to **2:45**pm every weekday except Wednesday.
- 2. My grace period is **30** days long. I must leave the U.S. by the end of my grace period.

3. My visa <u>IS / IS NOT</u> (choose one) allowed to expire once I enter the U.S. If I travel internationally after my visa expires, I must apply for a new one before I can re-enter the U.S.

4. I must notify OIS within **10** days of moving.

5. I must have valid health insurance through the end date on my **DS-2019**, even if I leave the U.S. If my current insurance policy expires before the end date on my **DS-2019**, I will extend/renew my policy.

6. Examples of things I can do to complete my cross cultural activities requirement: **visit a museum, go to department social event, attend an OIS event...**

7. If I need to leave the U.S. during my J program, I will request a travel signature from OIS by submitting my original **DS-2019** and proof of **health insurance**. I also have to complete a travel authorization form in the OIS office when I drop off my documents.

8. I should not travel outside the U.S. for more than **30** days at a time.

9. Once I re-enter the U.S. after traveling, I need to print a new I-94 record. I do not need to give this document to OIS, I just need to make sure it is correct and keep it for my records.

- 10. My department needs to request an extension at least **30** days before my DS-2019 expires.
- 11. Once my DS-2019 is expired, <u>I CAN / CANNOT</u> (choose one) request an extension.

12. Once my J program is complete, I must submit the **Departure** form to OIS, which I can find on OIS' website. This form notifies OIS that I am leaving permanently and that they can close my immigration record.

Life in the U.S. and at NC State

320 Daniels Hall, Campus Box 7222 / Raleigh, NC 27695 / Phone: (919) 515-2961 - ois@ncsu.edu

U.S. American Culture

- In general, U.S. Americans are quite friendly but sometimes we are just being polite.
 - "How are you?"
 - "What's going on?"
- It is considered OK (even expected) to ask questions of people who are your supervisor, teacher, parent, or higher authority figure.
- It is OK to say "no" if you don't want to do something.

Emergency Information

- In case of an emergency for health, fire, safety, dial 911 in any state in the US.
 - NC State Campus Police: (919) 515-3000
- Be sure to have the address or location you are calling from to provide to the operator.
- 911 will send an ambulance, police patrol car, or fire truck (or any combination of these) depending on the nature of the situation.
- To expedite assistance with your emergency, try to use English when speaking to the operator.

Safety

In general, NC State and Raleigh are safe, but to minimize risks, try to remember the following:

- Beware of phone and email scams as Internationals are often targeted.
 - The US government will never call or email you to ask for money and threaten to deport you if you don't pay.
 - If you get a call/email like this, inform OIS immediately so we can report it to the immigration agencies.
- Don't walk alone late at night or in the dark.
- Police officers are here for your safety. They are also an authority figure. If you are pulled over by a police officer while driving your car, wait in your car for the officer to approach you and follow any instructions given to you by the police officer.

Obtaining a NC Driver's License

- If you plan to drive in the US, you should apply for a driver's license at the Department of Motor Vehicles (DMV). <u>You must wait at least 10 days after</u> <u>entering the US & at least one week after checking in with OIS before applying.</u>
 - The DMV office is located at 3231 Avent Ferry Road
 - The DMV website is <u>www.ncdot.gov/dmv</u>
- If you don't plan to drive, you should apply for a State ID at the DMV.
- Use your driver's license/state ID as your main ID. Keep your passport at home.
- J-1 Scholars do not need a Social Security Number to get a driver's license/state ID but if you have an SSN, you must show proof of it.
- You are required to have car insurance if you drive or own a car in the US. For more information about insurance and driving cars in the US, visit http://internationalservices.ncsu.edu/driving-cars.

Social Security Numbers

- A Social Security Number (SSN) is a tax identification number.
- J-1 Exchange visitors who are receiving funds from NC State (as indicated on the DS-2019), are eligible to apply for a Social Security Number.
- You must wait at least 10 days after entering the US & at least one week after checking in with OIS before visiting the local SSA office. *
- J-2 dependents are only eligible for an SSN if they have applied for employment authorization with USCIS and received the EAD card.
- The Social Security Administration requires you apply in person. The office is located at 4701 Old Wake Forest Road, Raleigh NC 27609. Please call in advance to make an appointment: 919-790-2782.

http://internationalservices.ncsu.edu/social-security

*Short terms scholars who will receive income from NCSU & will reside for at least 15 days but no more than 29 days should not wait to apply for an SSN. They must visit the Social Security Office immediately after arriving in the U.S.

Taxes

If you are receiving payment from NC State, you **must** meet with NC State's International Taxation office to set up your tax withholdings. Please do this before you receive your first paycheck.

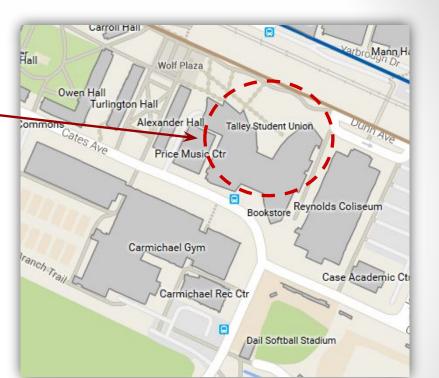
For an appointment with the International Tax office, contact: <u>ICTquestions@ncsu.edu</u>

Additionally, anyone who receives compensation through NC State University or a U.S. entity may have to file an annual tax return in the spring with the IRS. The International Taxation office can help you with this process.



Campus ID Card

- Talley Student Union –
 Hours: 8AM-5PM
 - Library Privileges
 - Access to Carmichael Gym if you pay for membership
 - "All Campus" account allows you to use card at NC State dining & food services
 - Dependents may receive campus ID card after attending OIS Dependent Check-In



Additional fees may apply

http://www.ncsudining.com/about/allcampus-account-program

Transportation

- Wolfline (NC State bus line) to get around campus
- GoPass allows you to ride for free:
 - GoRaleigh (Raleigh bus line)
 - TTA (Triangle bus line)
- To apply for a GoPass you must:
 - Pay a fee
 - Show your campus ID and NC State offer letter
- App to see all bus lines: Transloc





Free English Classes

Want to improve your English Speaking and Listening Skills? There are lots of opportunities available on and off campus.

- <u>http://www.raleighnc.gov/arts/content/PRecRecreation/Articles/EslClasses.html</u>
- <u>http://internationalservices.ncsu.edu/english-resources</u>
- <u>www.waketech.edu</u>

NC State offers free English classes! -Individual courses offer throughout the semester -Do not have to sign up for these in advance or pay a fee -Can attend as many or as few as you would like *Not running during Spring 2021



NC STATE Intensive English Program

The Intensive English Program (IEP) is excited to announce that registration is now open for all Fall 2020 part-time and standalone Intensive English Program offerings!

- 1. <u>Evening and Weekend Courses</u> (open to everyone)
- 2. <u>Part-Time Enrollment</u> (open to everyone; applicants must take a placement test and place into at least level 4).
- 3. <u>Courses for Visiting Scholars</u> (restricted to NC State visiting scholars)

Learn more and register at

intensive-english.ncsu.edu/evening-weekend-courses/

EVENING/WEEKEND COURSES

The Intensive English Program at NC State University offers 5- and 10-week evening and weekend English language courses for non-native English speakers in the Raleigh-Durham area.

BUSINESS ENGLISH WRITING

hours/week for 10 weeks, Tuesday evenings of Saturday mornings

The English language is well-established as the language of global business interaction. In this course, participants will examine the conventions of acceptable business English (BE) communication. Using taskbased activities, participants will work to define the purpose, as well as the proper structure, tone and formality required within a variety of written communications common in business today.





THE ART OF ENGLISH CONVERSATION

2 hours/week for 5 weeks, Tuesday evenings or Saturday mornings

This course offers students a chance to experiment with and practice spoken English that will allow them to communicate with confidence in a variety of settings. In addition to simulating conversations appropriate to life in the community, at work and/or in a school setting, students will practice using correct pronunciation when speaking and be given individual feedback on topics such as stress, intonation, and tone.

PRONUNCIATION OF AMERICAN ENGLISH

2 hours/week for 5 weeks, Thursday evenings or Saturday mornings

This course is designed to provide pronunciation skills which will enable non-native English speakers to be better understood when engaging in daily conversation. Emphasis is placed on pronunciation. Each student receives an assessment of their current speech patterns and areas in need of improvement. Upon completion, students should be able to pronounce English words, phrases and sentences with increased accuracy and intelligibility.



TOEFL TEST PREP

3 hours/week for 10 weeks, Saturday mornings

This course serves as an introduction to the format, test-taking skills and strategies designed to improve scores on the TOEFL iBT. The emphasis of this class is on developing familiarity with the sections of the TOEFL (Reading, Listening, Speaking, Writing) and practicing English language and test-taking skills for this proficiency test. Participants will take one or two practice test(s) in class.

IELTS TEST PREP

3 hours/week for 10 weeks, Saturday mornings

This course is designed for participants preparing to take the IELTS Academic test. In-class activities focus on analyzing each section (listening, reading, writing and speaking) of this proficiency test. Students will be introduced to and practice strategies to improve their overall test performance.

Learn more and register: intensive-english.ncsu.edu/evening-weekend-courses/

iep@ncsu.edu

CONTACT INFORMATION

919.515.4002

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OIS Programs

Get Involved!



- Participation in cultural activities is a *requirement* of the J-1 Program.
- OIS offers opportunities to enrich your cultural experience.
- If the event is off-campus, we provide transportation!

English Conversation Club

Practice English with native speakers.

- Every Wednesday, 9:00 - 10:00am, online

- Every Tuesday & Thursday, 4:30 - 5:30pm, online

- Every Friday, 3:30 - 4:30pm, online

- You can join by going to **<u>go.ncsu.edu/ecc</u>**



(International Moms or Mates)



Wednesdays at 2:30 p.m. – 4:30 p.m.

Meetings will be accessible at <u>go.ncsu.edu/virtual imom</u> and spouses interested in participating should email Lauren at Idball@ncsu.edu for the meeting passcode.

Breaking Bread





Enjoy a meal with an American family. Learn about American culture & share your own.

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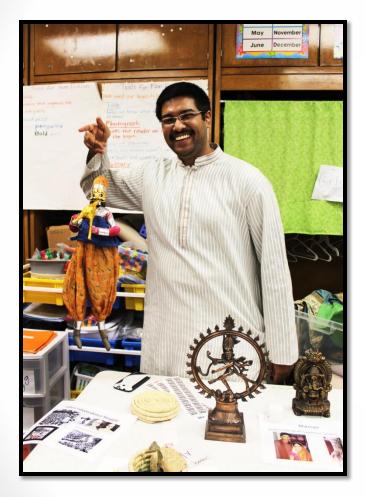
ISSERV





Participate in service projects at NC State & in the community.

Culture Corps





Share your country & culture with the community.

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Summary

- Familiarize yourself with your J-1 immigration status. If you have any questions, visit the OIS website (<u>http://internationalservices.ncsu.edu</u>) or consult an OIS advisor.
- Follow the steps on your Checklist to get settled at NC State University.
- Do not rely on friends for immigration advice. Get your immigration advice from an immigration advisor at OIS.
- Sign up for cross-cultural programs & events: <u>http://internationalservices.ncsu.edu/ways-get-involved</u>

WELCOME TO NC STATE!

