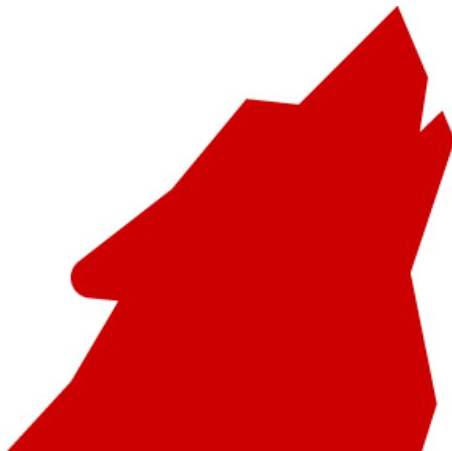


**Wednesday, June 4th**

# **Packing Up Pre-Arrival Session**

**Health Insurance and Immunizations Requirements at  
NC State**



# Session Logistics



**Please introduce yourself in the chat! This has helped past groups make connections with other new students.**



**You can submit your questions through the Q&A (Question and Answer) feature and we will answer as many as we can during the Q&A portion of today's session**



**You can use the thumbs up feature to upvote questions your peers have asked. This will make it easier for panelists to see and more likely that you will hear a response.**



**A recording of this session will be posted on our Packing Up webpage**

## **Campus Health**

**Stephanie Miller, Insurance Associate**

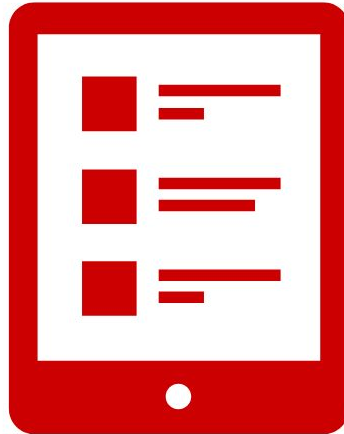
**Caroline Brady, Medicaid Quality Assurance Coordinator**

**Tyler Pearce, Assistant Director**

## **Office of International Services**

**Lauren Ball, Associate Director**

# Healthcare Terminology



### **HealthyPack Portal**

Secure online portal used at NC State for the submission and maintenance of medical records. This is a different portal than MyPack Portal but it is also accessed using your unity id and password.

### **Campus Health**

NC State unit responsible for campus medical and health services. This includes immunizations and health insurance requirements. Campus Health operates the Campus Health Center which is a non-emergency medical facility that students can use for many basic healthcare needs.

### **Student Blue**

Health insurance provider recommended by NC State and automatically billed to student accounts each semester

### **Waive/waiver**

Action required to submit proof of alternate health insurance coverage and opt out of the Student Blue plan. This action will either refund or remove the Student Blue health insurance charge from your Student Account.

### **Enroll**

Action required to finalize the purchase of Student Blue health insurance.

### **GSSP**

Acronym for the Graduate Student Support Plan. It is a benefit included in many assistantship offers that includes health insurance coverage.

# Health Insurance



**What is the health insurance requirement for international students?**

**What do I need to do to buy the health insurance?  
Where do I pay for it?**



**When does Student Blue insurance coverage start for  
Fall 2025?**

**How do I get my insurance card from Student Blue?**

**Are there any allowed exceptions to the health insurance requirement?**

**What do I do if I think I qualify for an exception to the  
Student Blue plan?**

**I have submitted a health insurance waiver to Student Blue because I qualify for an exception but I still see the health insurance fee on my student account? What do I need to do to have it removed from my account?**

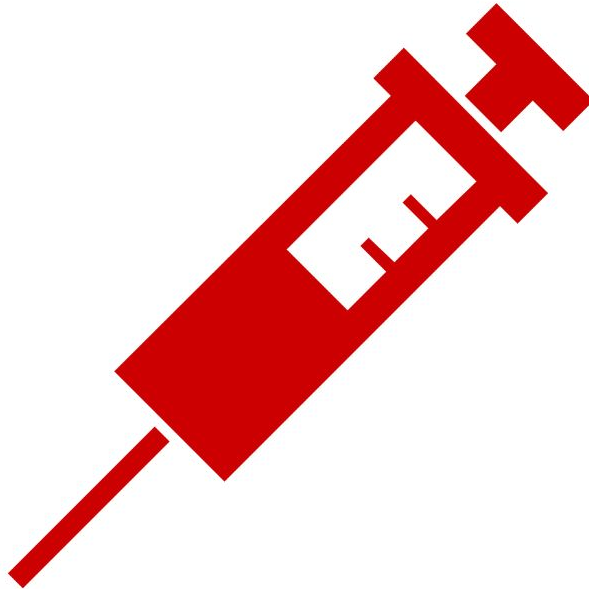
**Does waiving the Student Blue insurance mean that I cannot use the Campus Health Center on campus?**

**What is the deadline to complete the insurance waiver  
if I am eligible for an exception?**

**What should I do if I will have the Graduate Student Support Plan (GSSP) because of my research or teaching assistantship? Do I also need to waive out of the Student Blue insurance?**



# Immunizations



# Immunization Requirement

Students are required by North Carolina Public Health Law to **provide proof of immunizations no later than 30 days after the first day of class.**

## 3 Steps to Compliance - All Steps are Completed on the HealthyPack Portal

1. Check current immunization status and review missing items.
2. If you are missing immunizations:
  - Upload your Immunization Record (accepted forms of documentation are available on our website).
  - Enter dates immunizations were received on the Immunizations page
3. Complete required TB Questionnaire and the Health History Form

**Check HealthyPack Portal messages periodically for notes about missing documentation or clearance.**

**Where can I find the list of immunizations required by  
NC State?**

**What happens if I am unable to get all of the required immunizations before arriving in the United States?**

**If I get required immunizations on campus, how much will they cost?**

**Do my immunization records have to be in English?  
What should I do if my records are in a language other  
than English?**

**How will I know if I have fulfilled the immunizations requirements? How can I tell what I'm still missing?**

# HealthyPack Portal - Immunizations

Print

Not Compliant

Here is where you will see your current status.

Measles, Mumps, Rubella	✓
Tetanus, Diphtheria, Pertussis	✓
Hepatitis B	✓
Tuberculosis	✓
Polio	✓
Varicella - Proof of 1 Dose or Disease	✓
Highly Recommended	✓
Parental Consent to Treat	✓

Items in green are complete.  
Items in red are missing.

View Missing Immunizations

✓ Hepatitis B-Dose 1 And 2 >4wk Apart. Dose 2 And 3 >8wk Apart. Dose 1 And 3 >16wk  
#1 12/31/2005  
#2 04/10/2006  
#3 07/27/2006

✓ Measles - 1st Dose After 1st Birthday, 2nd Dose At Least 28 Days After 1st Dose.  
#1 01/23/2007  
#2 05/11/2011

✓ Mumps - 1st Dose After 1st Birthday, 2nd Dose At Least 28 Days After 1st Dose.  
#1 01/23/2007  
#2 05/11/2011

✓ Rubella - Must Be Administered After The 1st Birthday.

✗ TB Screening Questionnaire - See FORMS Page To Complete

✓ Tdap - Made Available In US After 6/1/2005. Do Not Confuse With Td, Dtap Or DTP

✓ Tetanus/Diphtheria - 3 Doses, MUST Include Tdap As 1 Of These  
#1 04/10/2006  
#2 05/12/2006  
#3 04/24/2007

✓ Varicella-1st Dose After 1st Birthday, 2nd Dose At Least 28 Days After 1st Dose.

## Mandatory Forms

### [HIPAA Form\\*](#)

REQUIRED - Please complete prior to your appointment.

### [Patient Rights\\*](#)

REQUIRED - Please review and sign.

### [Privacy and Billing Notice\\*](#)

REQUIRED - Please complete prior to your appointment.

### [Texting Opt-in/Opt-out](#)

Please OPT-IN and provide your cell phone. Text messages are only sent when you have an appointment and staff is ready to see you, when you have a prescription ready or when you are sent a secure message.

## Online Forms

### [Accommodation Request](#)

Campus Health is committed to making healthcare accessible to everyone. If you might need any accommodations during your visit, please complete this form.

### [Pharmacy Refill / Transfer Request Form](#)

Please complete this form to request a refill on an existing prescription or to transfer a prescription to the Campus Health pharmacy.

### [Telemedicine Session Consent](#)

This form only needs to be completed if you are scheduled or are planning on scheduling a telehealth visit. This consent is valid for one year.

### [Authorization to Release Protected Health Information - Paper Version](#)

Use this form to request a copy of your medical records from the facility.

## New Incoming Student Forms

### [NC State Health History Form](#)

REQUIRED to be seen at Campus Health.

### [TB Screening Questionnaire](#)

REQUIRED for immunization compliance.

### [Consent to Treat \(Under 18\)](#)

Consent for Treatment of Student. (Only for students 17yrs or younger.) After completion and parental signature, please upload the consent form using this portal.

This form MUST be completed to be compliant with immunization requirements.



**What is the deadline for fulfilling the immunizations requirement? What happens if I miss the deadline?**

## **How can I contact Campus Health if I have questions about my immunizations?**

1. HealthyPack Portal Message to Immunization Coordinator
2. Call 919-513-4302

# Question & Answer



# Important Sites



**Packing Up Pre-Arrival Page**

[go.ncsu.edu/packingup](https://go.ncsu.edu/packingup)

**Campus Health Services**

[healthypack.dasa.ncsu.edu](https://healthypack.dasa.ncsu.edu)

**HealthyPack Portal**

[healthypack.dasa.ncsu.edu/healthweb](https://healthypack.dasa.ncsu.edu/healthweb)

**Student Blue**

[studentbluenc.com/#/ncsu/welcome](https://studentbluenc.com/#/ncsu/welcome)

# **NC State Social Media**



**OIS Instagram**  
**@ncsu.ois**



**Campus Health**  
**@ncsuhealthypack**

# **Upcoming Important Dates for Graduate Students**

<b>First Day of Class Summer II 2025</b>	<b>June 23, 2025</b>
<b>On-Campus Housing Move-in for Fall 2025</b>	<b>August 12, 2025</b>
<b>Fall 2025 International Student Orientation</b>	<b>August 13, 2025</b>
<b>Fall 2025 Graduate School Orientation</b>	<b>August 15, 2025</b>
<b>First Day of Class Fall 2025</b>	<b>August 18, 2025</b>
<b>Tuition and Fee Payment Deadline for 1<sup>st</sup> Semester</b>	<b>August 21, 2025</b>

# **Upcoming Important Dates for Undergraduate Students**



**On-Campus Housing Move-in for Fall 2025**

**August 12, 2025**

**Fall 2025 International Student Orientation**

**August 13-15, 2025**

**First Day of Class Fall 2025**

**August 18, 2025**

**Tuition and Fee Payment Deadline for 1<sup>st</sup> Semester**

**August 21, 2025**

# Get Connected



## Packing Up Pre-Arrival Series

Our next session will be on Monday, June 9<sup>th</sup> from 8:30am to 9:30am ET. We will discuss how to live on a student budget in the U.S. We will share money saving strategies and provide an overview of hidden costs new students need to know about as they budget for their education and cost of living.

Registration will be live in 1 hour and students will receive a reminder email.  
[go.ncsu.edu/packing-up-registration](https://go.ncsu.edu/packing-up-registration)



# Get Connected

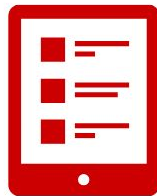


## Global Connections

Join OIS in a virtual space for new and returning international students to network and hang out. Global Connections is an opportunity to learn about NC State, Raleigh, and each other.

Our first meeting will be Wednesday, June 18th at 9:00am ET. You can access the Zoom at [go.ncsu.edu/global-connections](https://go.ncsu.edu/global-connections).

# **Upcoming OIS Survey**



**OIS will be sending a survey to new international students this week to gather information on visa approvals and scheduled visa appointments. We ask for your response so we can provide more targeted communication and make plans for Fall orientation.**

**NC STATE**